A stylized illustration of a diverse group of people in a cityscape. The background features a blue sky with a white sun, a white mountain range, and a city skyline with various buildings. In the foreground, there are five silhouettes of people in different colors: a man in a green suit and tie, a woman in a yellow top, a man in a blue suit, a woman in a purple dress, and a man in a green shirt with a green bag. The silhouettes are filled with solid colors and have black outlines. The overall style is modern and graphic.

# Los Angeles County Psychological Association's 33rd Annual Convention

**CREATING CONNECTIONS  
AND BUILDING BRIDGES...TOGETHER**

**October 23, 2021**

UCLA Covel Commons

Keynote Speaker: **Linda Mona, Ph.D.**  
Disability Culturally Competent Sexual Healthcare

Morning Sessions • 6.0 LIVE CEs Available  
Poster Session • Awards Presentation • Happy Hour

# Creating Conventions Building Bridges...Together

Trauma and Beyond would like to thank  
LACPA for their support to our community  
in building bridges together!

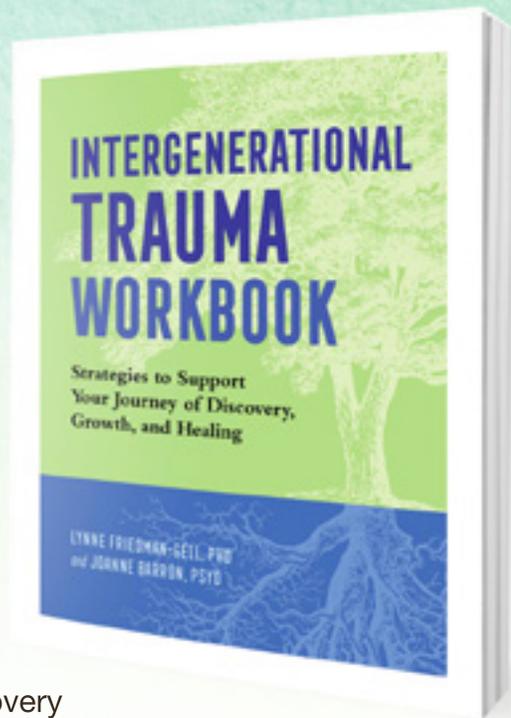


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**Evelyn Pechter, Psy.D.** [DrEvelynPechter.com](http://DrEvelynPechter.com)

Dear Colleagues,

We are very pleased to invite you to LACPA's 33rd Annual Convention, which will be held virtually on Saturday, October 23, 2021. This year we are excited to share with you an outstanding program inspired by this year's theme: "Creating Connections and Building Bridges... Together." Given these challenging times, we want our convention to be a space for meaningful contact and interaction. Our carefully selected programs aim to provide ample professional and personal inspiration. We strive to create a more personal experience for our membership through collaboration with our colleagues and professional associations as we continue to strengthen our connection to our local Los Angeles communities which we serve.

Choosing from this year's programs will not be easy. You will have the opportunity to ensure the longevity of your remote practice in LACPA's Ethics Committee presentation *Ethics of Health Technology Post COVID-19*. In Dr. Steven Sultanoff's presentation *Hee Hee Healing: The Power of Joy and Humor*, you can chuckle your way to enhancing the efficacy of your treatment. In Dr. Alexandra's Katehakis' presentation, *Isolation and the Human Condition: The Power of Group Processes*, learn about the magnifying power of group work in conjunction with individual therapy. In addition, you will be able to explore other crucial topics that will enhance your professional growth in Dr. Maryam Jernigan-Noesi's presentation *Racial Trauma Across the Lifespan*; Dr. Connie Zweig' presentation *The Developmental Tasks to Become an Elder*; and Dr. Ofer Zur's presentation *23 Ways to Protect Your License from Licensing Boards Complaints*. Regardless of your interests, we are confident that everyone will find meaningful topics at this year's Convention.

Given the virtual format of this year's Convention, after our two morning sessions we will take a short break so everyone can rest their eyes and recharge. Our awards ceremony, which includes the LACPA Foundation Awards and the 2021 LACPA Awards, will be pre-recorded and available to watch at your convenience.

Following the break, we will be treated to our distinguished keynote speaker, Dr. Linda Mona, who will present *Disability Culturally Competent Sexual Healthcare*. Dr. Mona is a licensed clinical psychologist who has worked in a variety of settings providing clinical services, training healthcare professionals, and conducting research focusing upon the diverse life experiences of individuals living with chronic health conditions/disability. We are honored to have her!

Finally, our virtual format means you don't have to miss any interesting programs! In addition to offering up to six live continuing education credits, we will also be recording selected presentations for later on-demand viewing and optional CE credit! We are excited to host a day of learning and inspiration and we look forward to fostering our (virtual) connections...together!

**LACPA's 2021 Convention Committee**

Adriene Ghiasian, B.A.  
James Kalivas, Psy.D.

Rachel Kavanaugh, Psy.D.  
David Laramie, Ph.D.

Richard Sherman, Ph.D.  
Carol Torcello

Ryan Witherspoon, Ph.D.

**Los Angeles County Psychological Association  
33rd Annual Convention - Virtual  
SATURDAY, OCTOBER 23, 2021 - Via Zoom**

**Featured Afternoon Speaker: Linda Mona, Ph.D.  
*Disability Culturally Competent Sexual Healthcare***

**Selected Sessions will be recorded for later on-demand viewing.**

Register online at <a href="http://www.lacpa.org">www.lacpa.org</a>  Live session selections will need to be made at time of registration.  Changes can be made up to 10/12 if space is available.	<b>LACPA Member Registration</b>  Max 6.0 Live CEs plus <u>two</u> recorded Convention programs up to 10 CEs  <b>PURCHASE BY 10/8 / 10/18</b>	<b>Non-Member Registration</b>  Max 6.0 Live CEs  <b>PURCHASE BY 10/8 / 10/18</b>	<b>Per Session Registration</b>  Only want one or two programs not the whole package.  <b>PURCHASE BY 10/8 / 10/18</b>
LACPA Member	\$165 / \$180		\$60 / \$65
Early Career LACPA Member	\$125 / \$140		\$50 / \$55
LACPA Post-Doc/Pre-Licensed or Student Member <u>No CEs</u>	\$20 / \$20		\$20 / \$20
Non-Member		\$185 / \$200	\$70 / \$75
Student Non-Member (Pre-Doctoral) must submit proof of student status - <u>NO CE Credits</u>		\$35 / \$35	\$35 / \$35

**Early registration ends 10/8/21. Registration ends 10/18/21.**

**CANCELLATION POLICY: TO RECEIVE A REFUND, A REQUEST MUST BE RECEIVED IN WRITING NO LATER THAN OCTOBER 18, 2021. A \$35 PROCESSING FEE IS DEDUCTED FROM ALL REFUNDS.**

*The Los Angeles County Psychological Association (LACPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. LACPA maintains responsibility for this program and its content.*

*These sessions may be taken to satisfy the California Board of Behavioral Sciences (BBS) continuing education requirements.*

*It is important to note that APA continuing education rules require that LACPA only give credit to those who attend the entire session. An evaluation of the session must be completed. Those who arrive more than 15 minutes after the scheduled start time or leave before the session is complete will not receive CE credit.*

*Partial credit may not be given.*

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6345 Balboa Boulevard, Suite 126, Encino, CA 91316**

**(818) 905-0410**

**Fax (818) 332-4949**

**[www.lacpa.org](http://www.lacpa.org)**

**[lacpa1@gmail.com](mailto:lacpa1@gmail.com)**

## FEATURED SPEAKER

**Linda Mona, Ph.D.**, is currently the Clinical Director of the Spinal Cord Injury/Disorder Psychology Service at the VA Long Beach Healthcare System. Her clinical work has focused on providing services to Veterans with disabilities within a



disability affirmative context. In addition to her work with Veterans, she is the founder and president of Inclusivity Clinical Consulting Services which provides a wide array of psychotherapy services to individuals and couples from diverse backgrounds. She also serves as a healthcare services consultant, providing training to integrated healthcare settings and allied health clinical service providers on disability, diversity and inclusion strategies, and sexuality and intimacy.

Infusing disability into psychology diversity education and training has also been one of Dr. Mona's career passions. She has challenged traditional medical notions of disability by reframing this identity from a multicultural lens. Through national psychology professional service roles, she has been successful at promoting disability consciousness through her expertise, social justice advocacy, and her own lived experience as a disabled woman psychologist. She has facilitated over 100 trainings and has over 30 publications focusing on disability diversity. Dr. Mona's work has been showcased through mainstream media including; *Oprah Radio*, *Canadian Discovery Health*, *PBS*, *NBC's Today* show, and *Self Magazine*.

## Convention Information

### Confirmation:

Participants will receive confirmation of their enrollment. The Zoom invitation(s) will be sent to you by October 21st. Sessions will start promptly at the time indicated, the waiting room will open 15 minutes before the start of each presentation. Late arrivals (five minutes or more after start) to sessions will not be eligible to receive continuing education credit.

### Cancellation Policy:

To receive a refund, a request must be received in writing no later than October 18, 2021. A \$35 processing fee is deducted from all refunds. Refunds will be processed within 30 days.

### Documentation of Attendance:

Individuals who sign in and out of each session through the Zoom Chat with their name and license number, complete the program in its entirety and the required CE evaluation after the session will receive a link to their Document of Attendance via email within two weeks after the Convention.

Date, time, and presenters are subject to change. Selected sessions will be recorded for future on-demand viewing.

LACPA does not endorse any of the products, programs, or services advertised at Convention.

Los Angeles County Psychological Association  
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Phone 818-905-0410 Fax 818-332-4949  
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## CONVENTION EVENTS

Convention Events: Sessions I, II, and III;  
Access to Posters; Awards Lunch Break;  
Post Convention Happy Hour

Events are subject to change.

*The Los Angeles County Psychological Association is grateful to the LACPA Foundation for its financial contribution of the Poster Awards.*

*Cover by David Ilan of Galileo Graphics*

# Convention Schedule

Saturday, October 23, 2021

Virtually via Zoom Webinar

Times and events are subject to change

**Session I**  
**2.0 CE Credits all courses**  
**8:30 a.m. - 10:30 a.m.**

## Ethics of Health Technology Post COVID-19

*Course Level: Intermediate*

*This workshop is presented by the LACPA Ethics Committee and may be counted toward the ethics requirement mandated every two years for license renewal. **This presentation will be recorded.***

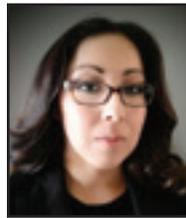
The COVID-19 pandemic has impacted lives emotionally, physically, and financially. Increased feelings of stress, loneliness, fear, loss, and grief have challenged our ability to cope. This workshop aims to provide an overview of various virtual care programs and modalities available to support coping during the pandemic, ethical issues related to their use, and how to develop a post-pandemic plan based on lessons learned and how to adapt these practices moving forward.



**Christina Armstrong, Ph.D.**, is a licensed clinical psychologist in the Department of Veterans Affairs' central office. She is involved in the development and implementation of programs to increase adoption of health technologies throughout the VA healthcare system. She teaches graduate level courses on ethics and law for mental health professionals at Pepperdine University and serves on the LACPA Ethics Committee.



**Loren M. Hill, Ph.D.**, is a licensed clinical psychologist in private practice and a Certified Autism Specialist and an experienced academician. She has held several faculty and administrative positions in academia, and currently serves as Associate Faculty at Union Institute and University's Division of Education Transformation and Strategic Alliances (ETSA).



**Audrey Martinez, Ph.D.**, is a licensed clinical psychologist for the Los Angeles Fire Department providing outpatient therapy, on-call mental health services, and program development. She specializes in treating trauma, depression, and anxiety.

Dr. Martinez has been trained in numerous evidence-based treatments including Cognitive Processing Therapy, Prolonged Exposure, Eye Movement Desensitization and Reprocessing, Cognitive Behavioral Therapy, and Gottman method.



**Marcos Briano (he/him/el), Ph.D./MMFT**, is an early career representative of the LACPA Ethics Committee and adjunct faculty at the University of Southern California & Pasadena City College. His research interests include the application of ethics, teaching, social justice, and advocacy for BIPOC communities, specifically LGBTQ+ and Latinx.

### Goals and Educational Objectives:

1. Acquire a greater awareness of risks associated with social isolation and stress related to the pandemic and improve patient and mental health provider wellness and resilience.
2. Develop an understanding of how virtual care modalities and programs can support coping with COVID-19 pandemic patients and mental health providers.
3. Demonstrate an understanding of the ethical considerations relevant to virtual technology in healthcare, particularly those faced by mental health providers during and after the COVID-19 pandemic, and develop a post COVID-19 plan based on lessons learned and how to adapt these practices moving forward.

### Program Outline:

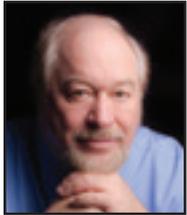
- Introductions
- Impact of COVID-19
- Overview of Virtual Care Technologies and Ethics Codes
- Ethical Standards and Considerations
- Case Scenarios
- Managing Risks
- Key Takeaways, Resources, References

## Hee Hee Healing; The Power and Joy of Humor

Course Level: Intermediate

This presentation will not be recorded.

In this lively presentation we will explore the rationale for and practical application of the intentional and purposeful integration of humor into psychotherapy. You will learn how humor can be used to build the therapeutic alliance, diagnose, and treat clients and how humor impacts cognitions, emotions, behaviors, physiology, and social bonding.



**Steven M. Sultanoff, Ph.D.**, is a psychologist, professor (Pepperdine), past president of the Association for Applied and Therapeutic Humor (AATH), and internationally recognized expert on therapeutic humor. He appears on “What’s Your Ailment!” and has appeared on Fox, STARZ, Lifetime, and PBS, and quoted in *Time*, *Prevention*, *USA Today*, and *Forbes*.

### Goals and Educational Objectives:

1. Explain the link between humor and feelings, behaviors, thoughts, and biochemistry.
2. Express how to intentionally, and purposefully use humor to build the therapeutic relationship, treat, and diagnose.
3. Explain the therapeutic value of the cognitive, emotional, physical, and social impact of humor.

### Program Outline:

- Introduction
- Wit, Mirth, Laughter, Relational Fusion
- The Therapeutic Power of Humor
- Defining Moments of Humor
- The Model of Therapeutic Humor
- Integrating Humor into Psychotherapy
- Expanding your “Comic” Vision
- Wrap Up and Questions

## Isolation and the Human Condition: The Power of Group Processes

Course Level: Advanced

This presentation will be recorded.

Isolation impacts mental health and is exacerbated by separation from friends, family, and everyday routines. One therapist is often not enough to heal the depths of pain compounded by isolation. Group therapy and 12-Step programs can fill the intrinsic need for affiliation and alter attachment styles for those in need. This course will examine the power of human connection.



**Alexandra Katehakis, Ph.D., L.M.F.T.**, is Clinical Director of the Center for Healthy Sex in Los Angeles and faculty for the International Institute of Trauma and Addiction Professionals. Dr. Katehakis’s most recent books include *Sexual Reflections: A Workbook for Designing and Celebrating Your Sexual Health Plan* (2018) and *Sex Addiction As Affect Dysregulation: A Neurobiologically Informed Holistic Treatment* (2016).

### Goals and Educational Objectives:

1. Identify the impact of long-term isolation on the brain/mind/body.
2. Define and apply the four components necessary in group dynamics for neuropsychobiological growth and change.
3. Assess the pro-social function of group therapy and 12-Step meetings and how attendance changes attachment styles over time.

### Program Outline:

- Introduction
- The effects of isolation and loneliness on the human organism
- Isolation, loneliness and addiction
- Group therapy
- 12 step meetings
- Keys to building community
- Q&A

## LACPA ON-DEMAND PROGRAMS

We have over 20 options to choose from!  
CE Programs, 2021 LACPA Lunch & Learns, Special Interest Group Meetings, and LACPA’s 2020 Convention Presentations.

Visit our website at [www.lacpa.org](http://www.lacpa.org)  
Go to>>Programs  
>>Continuing Education Programs  
>>On Demand Programs

## Session II

### 2.0 CE Credits all courses

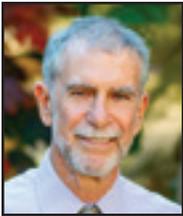
11:00 a.m. - 1:00 p.m.

### 23 Ways to Protect Your License from Licensing Boards Complaints

*Course Level: Advanced*

*This workshop may be counted toward the ethics requirement mandated every two years for license renewal.*  
*This presentation will be recorded.*

This webinar will review current standards of care that psychotherapists must maintain, outline the 23 ways in which licensed psychotherapists must comply with, attend to the issues related to therapists engaging with clients via social media and briefly address some of the ethical considerations arising from the COVID-19 pandemic and the new era of tele-mental health.



**Ofer Zur, Ph.D.**, lives in Sebastapol, CA and founded the Zur Institute 25 years ago. He is a licensed psychologist, instructor, forensic and ethics consultant, and expert. His writing and teaching in the U.S. and abroad focuses on ethics, critical thinking, boundaries, dual relationships, managed-care-free private practices, the psychology of victims, the psychology of war and the psychology of gender. He has authored or co-authored five books and over 50 published articles on ethics and related topics.

#### Goals and Educational Objectives:

1. Identify the three most common complaints of state licensing boards filed against licensed psychotherapists and counselors.
2. Discern the difference between boundary crossings and boundary violations.
3. Identify the differences among various types of consultations.

#### Program Outline:

- Opening introduction
- 23 ways in which licensed psychotherapists must comply with, attend to the issues related to therapists engaging with clients via social media.
- Ethical considerations arising from the COVID-19 pandemic and the new era of tele-mental health.
- Q&A

## Racial Trauma Across the Lifespan

*Course Level: Intermediate*

**This presentation will not be recorded.**

Racial discrimination has been found to significantly predict racial trauma and race-based traumatic stress (e.g., Carter et al., 2013). Despite both the prevalence of racial discrimination and its consistent association with racial trauma, most clinicians lack the necessary training to assess and treat racial trauma in therapeutic settings. As such, this program uses recent and relevant research to facilitate mental health clinicians' knowledge, assessment, and treatment of racial trauma across the lifespan.



**Maryam M. Jernigan-Noesi, Ph.D.**, is the Founder and CEO of Jernigan & Associates, LLC. She brings almost two decades of experience as a health professional. She has extensive training and work experiences in psychology and health, women's health, as well as specialized training in adult and family interventions. Clinically, Dr. Jernigan-Noesi has worked alongside a multidisciplinary team of health providers in inpatient and outpatient mental health, community, medical, academic settings, and private practice. She frequently consults with organizations to assess and implement culturally inclusive policies and practices. Additionally, given Dr. Jernigan-Noesi's experience as an instructor and health provider, she provides professional development training to a wide range of executives, professionals, trainees, and staff.

#### Goals and Educational Objectives:

1. Define racial trauma in the context of mental health assessment and treatment.
2. Identify the mental and physical health symptoms correlated with significant experiences of racial discrimination and its mental health consequences.
3. Identify relevant clinical tools for assessing experiences of racial discrimination and discerning which symptom presentation constitutes racial trauma.

#### Program Outline:

- Introduction of topic and speaker
- Overview of history of the definition of trauma
- Conceptualization of racial trauma and associated terminology
- Overview of research related to racial trauma
- Assessment of racial trauma
- Treatment Planning
- Models for healing racial trauma
- Client resources
- Question and answer period

# The Developmental Tasks to Become an Elder

*Course Level: Intermediate*

**This presentation will be recorded.**

Many people 55+ , including clinicians and clients, feel disoriented, invisible, and purposeless in our society, especially following retirement, because of our cultural emphasis on productivity over self-reflection. Therefore, our culture is missing Elders, those who age consciously with the tools of psychology and spirituality, discover renewed meaning and purpose, and share their gifts with future generations. Research reveals that our internalized ageism affects our physical and brain health, self-esteem, and views of the future. The tools offered here can guide clinicians and their clients to reframe aging and become much-needed Elders.



**Connie Zweig, Ph.D.**, is a retired therapist, co-author of *Meeting the Shadow* and *Romancing the Shadow*, author of *Meeting the Shadow of Spirituality* and a novel, *A Moth to the Flame: The Life of Sufi Poet Rumi*. Her book, *The Inner Work of Age: Shifting from Role to Soul*, (September, 2021), extends shadow-work into late life and teaches aging as a spiritual practice. Connie has been doing contemplative practices for 50 years. She is a wife and grandmother and was initiated as an Elder by Sage-ing International in 2017. After investing in all these roles, she is practicing the shift from role to soul.

## Goals and Educational Objectives:

1. Define the difference between Senior and Elder.
2. Name the tools needed to complete the developmental tasks of becoming an Elder.
3. Design a treatment plan for clients 55+ who wish to do the inner work of age.

## Program Outline:

- Reframing Aging: Decline to Rite of Passage
- The Shift From Senior to Elder
- Reviewing the Research on Internalized Ageism and its Consequences
- Overview of Developmental Tasks to Complete the Rite of Passage
- Example 1: How to Do a Life Review
- Example 2: How to Complete Spiritual Unfinished Business: updating beliefs, values, and images of the divine
- Example 3: How to Find Renewed Purpose and Meaning: service, activism, and contemplative practice
- Q&A

LACPA members can get 10 CE's for Convention and more free CE's throughout the year. Join now and get all the Benefits of Membership!

## Break

1:00 p.m. - 2:00 p.m.

**Distinguished Service  
to LACPA by a  
LACPA Member**



*Leticia C. Amick, Ph.D.*

**Distinguished Service  
to LACPA by a  
Graduate Student**



*Jaz Robbins, M.A.*

**Distinguished  
Legislative  
Award**



*State Senator Anthony Portantino*

## Session III 2.0 CE Credits 2:00 p.m. - 4:00 p.m.

### Disability Culturally Competent Sexual Healthcare

*Course Level: Intermediate*

**This presentation will be recorded.**

Sexual health among people with disabilities continues to be under recognized. Disability cultural competence is needed to assess and treat sexual health among people with disabilities. Through provider self-assessment, expanding disability and sexuality knowledge bases, and utilization of the DASH-CM model, psychologists can broaden their clinical services to this underserved community.



**Linda Mona, Ph.D.**, is a licensed clinical psychologist who has worked in a variety of settings providing clinical services, training healthcare professionals, and conducting research focusing upon the diverse life experiences of individuals

living with chronic health conditions/disability. She is the founder of Inclusivity Clinical Consulting Services which provides a wide array of psychotherapy services to individuals and couples from diverse backgrounds. She also serves as a healthcare services consultant, providing training to integrated healthcare settings on disability and sexuality.

#### Goals and Education Objectives:

1. Describe disability culture
2. Define disability culturally competent care
3. List three main components of the DASH-CM

#### Program Outline:

- LACPA Introduction
- Introduction, disclosures, objectives, agenda
- Culture check exercise/provider self-assessment
- Disability history and models of conceptualization
- Socially responsive psychology
- Disability Affirmative Assessment
- Disability Affirmative Therapy
- Disability Cultural Competence
- DASH-CM
- Q&A

**Virtual Happy Hour  
4:00 - 5:00 p.m.**

### Continuing Education Information

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These courses may be taken to satisfy the California Board of Behavioral Sciences (BBS) continuing education requirements.

LACPA's 33rd Annual Convention will operate under the guidelines of an APA-Approved sponsor of continuing education. All licensees are responsible for maintaining records of completed continuing education courses. LACPA supplies a Document of Attendance that certifies the licensee was present for the entire program and earned the continuing education credits.

**It is important to note that APA continuing education rules require that LACPA only give credit to those who attend the entire workshop. An evaluation of the workshop must be completed. Those who arrive more than fifteen minutes or more after the scheduled start time or leave before the workshop is completed will not receive CE credit. Partial credit may not be given.**



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# Helping Your Child with Language-Based Learning Disabilities

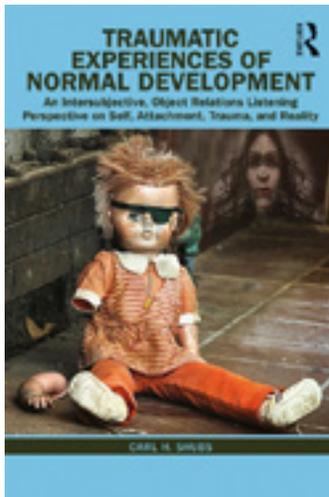
by Daniel Franklin, PhD, BCET



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*Traumatic Experiences of Normal Development*, by Carl Shubs, Ph.D., depathologizes the experience of trauma via a listening perspective which redefines trauma as the breach in intrapsychic organization. It provides a band of attunement based on attachment and trauma, attending to a vast range of psychological problems and all relational encounters including those occurring in therapy.



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**2021-2022 MEMBERSHIP APPLICATION**  
**LOS ANGELES COUNTY PSYCHOLOGICAL ASSOCIATION**  
 September 1, 2021 – August 31, 2022 MEMBERSHIP DUES

<b>Full Member</b> (Doctorate or licensed in psychology) .....	\$215
<b>Post-Doctoral/Pre-Licensure</b> (Recent doctoral graduate within the past seven years, Maximum two years at this level) .....	\$ 60
<b>Early Career Member</b> (Received doctorate within the past seven years, max four years at this level) Doctorate year received _____	
* First and Second Year at this Level.....	\$120
* Third and Fourth Year at this Level.....	\$180
<b>Affiliate Member</b> (Master's in a mental health field OR other professional wishing to support LACPA activities) .....	\$132
<b>Emeritus Member</b> (LACPA member for at least 15 yrs., most recently as Full Member, and age 70 or older) .....	\$ 72
<b>Disabled Member</b> (Fully disabled and unable to work).....	\$ 65
<b>Out-of-County/State Member</b> (Lives and works outside of Los Angeles County) .....	\$116
<b>Student Member - Undergrad or Graduate</b> ( <i>Pre-Doctoral, must submit proof of current student status with application</i> ) .....	\$ 44

**Application must be at the highest level for which the person is qualified.**

**OPTIONAL with Membership**

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**TOTAL ENCLOSED/AUTHORIZED .....** \$ \_\_\_\_\_

**GENERAL INFORMATION**  
(Please Print Clearly)

Name \_\_\_\_\_ Degree \_\_\_\_\_

Business Name \_\_\_\_\_

Business Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Business Phone (     ) \_\_\_\_\_ Fax (     ) \_\_\_\_\_

Email \_\_\_\_\_ Mobile Phone (     ) \_\_\_\_\_  
Must provide to be on LACPA's Listserv

Professional Web Address \_\_\_\_\_  
*The Website you list must include your name and California license number.*

Home Address \_\_\_\_\_ Home Phone (     ) \_\_\_\_\_

City/ State \_\_\_\_\_ Zip \_\_\_\_\_

CA Psychologist/Therapist License No. \_\_\_\_\_ Year Received \_\_\_\_\_ Expires \_\_\_\_\_

Preferred Mailing Address  Business  Home

**PROFESSIONAL ETHICS DECLARATION**

I have read and agree to abide by the Code of Ethics of the California Psychological Association (identical to the Code of Ethics of the American Psychological Association).

Signature \_\_\_\_\_ Date \_\_\_\_\_

**MAIL TO: LACPA, 6345 Balboa Blvd., #126, Encino, CA 91316     818-905-0410     FAX 818-332-4949**

**PLEASE MAKE CHECK PAYABLE TO LACPA OR COMPLETE THE CREDIT CARD INFORMATION BELOW.**

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Three-digit security number: \_\_\_\_\_ Name as on Card: \_\_\_\_\_

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# LACPA'S 2021 CONTINUING EDUCATION SERIES

For complete information and to register online visit [www.lacpa.org](http://www.lacpa.org)  
>>Programs>>Continuing Education>>Virtual CE Programs

A LACPA Diversity Committee CE Event

## **Addressing Intersectionality in Practice**

Presented by Alice Mills Mai, LPCC, LMHC, NCC

**Sunday, August 8, 2021 - 1:00 - 3:00 PM (PT) - 2.0 Live CE Credits**  
**Intermediate Level Course Held virtually via Zoom**

This program will be recorded for future on-demand viewing.

Psychologists and clients often hold multiple and varied cultural identities, and psychologists need to attend to the intersectionality of clients' cultural identities. These cultural identities can be sources of institutionalized barriers, and institutionalized barriers serve as the root cause of many psychological and social difficulties. Cultural identities can also be a source of strength and resilience. Understanding clients' identities is crucial in culturally competent psychotherapy and fostering the therapeutic relationship. In this course, we will discuss the concept of intersectionality and its importance to psychotherapy practice. We will explore intersectionality and cultural identities. We will discuss the dynamics of a therapeutic relationship. We will then discuss what honoring intersectionality looks like in action through a vignette.

## **Women's Reproductive Milestones: Holistic Approaches to Mental Healthcare**

Presented by: Dr. Mallory Aye; Margaret M. Haglund, M.D.; Susan Hammoudeh, Psy.D.;  
Regina Pally, M.D.; Beatrice Rabkin, M.D. and Josephine McNary, M.D. - Moderator

**Saturday, September 18, 2021 - 9:00 AM to 1:00 PM (PT) - 4.0 LIVE CE Credits**  
**Intermediate Level Course Held virtually via Zoom**

This program will be recorded for future on-demand viewing.

In this program moderated by Josephine McNary, M.D., founder of CalPsychiatry, a panel of expert mental health professionals will discuss mental health considerations over a woman's reproductive life. Psychologists, psychiatrists, and a naturopathic physician will present on infertility and infertility treatment, mood and anxiety disorders in a women's reproductive lifespan, reflective parenting, and menopause. Each presentation will cover common issues associated with these reproductive milestones, and a holistic approach to diagnosis and treatment.

## **Power and Privileges in Psychotherapy**

Presented by Malin Fors, clinical psychologist/psychoanalyst

**Saturday, November 13, 2021 - 10:00 AM - 2:00 PM (PT) - 4 LIVE CE Credits**  
**Advanced Level Course Held virtually via Zoom**

This program will not be recorded.

This advanced workshop addresses disparities in social privilege and their practical implications for psychotherapists. Malin discusses core themes of her book, *A Grammar of Power in Psychotherapy*, winner of the 2016 Johanna K. Tabin Prize. She posits a matrix of relative privilege that includes four core patient therapist dynamics: similarity of privilege, privilege favoring the therapist, privilege favoring the patient, and similarity of non-privilege.

*The Los Angeles County Psychological Association (LACPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. LACPA maintains responsibility for this program and its content.*

*This program may be taken to satisfy the California Board of Behavioral Sciences (BBS) continuing education requirements. Programs are subject to change.*



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