

**Los Angeles County Psychological Association's** 

# **34th Annual Convention**

**Rebuilding Community Through Collective Healing** 

Saturday, October 29, 2022 **Held virtually via Zoom** 

Thema Bryant, Ph.D.

Diverse Healing Pathways for Sexual Trauma Survivors

**Morning Sessions** 

**6.0 LIVE CEs Available** 

**Student Circle** 

**Moment of Merriment** 

Poster & Honoree **Awards** 

**Happy Hour** 



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Lauren Muhlheim, Psy.D.



Jaz Robbins, Psy.D., BCHN®



Bennie Harris, B.A.

Dear Esteemed Colleagues,

Welcome to the Los Angeles County Psychological Association's 34th Annual Convention, and our third virtual Convention! We are delighted you are joining us today to connect with your professional community and enjoy a day of learning and inspiration. We hope that you're able to feel today's theme, "Rebuilding Community Through Collective Healing," as you move throughout your day. We also hope that you are able to experience moments of joy and fulfillment that bring a genuine smile to your face.

During our two morning sessions we hope you enjoy our selection of presentations by experts, featuring a diverse array of professionally-relevant topics such as cumulative family trauma, intercultural couples, mind-body health connection, anti-racism in group work, culturally-informed mindfulness, suicide bereavement, child assessment, and serving Latinx communities. Additionally, our morning sessions will include a Student Circle focusing on discussing the transition from student to professional. We believe there is something for everyone, and we have given you much to choose from with four presentations per session. While we know that deciding may be difficult, it is our hope that you are excited by the abundance of options!

Our two morning sessions will be followed by a one-hour lunch break that includes the following virtual offerings: *A Moment of Merriment* and Poster Presentations. The first is a brief arts presentation showcasing the works of various therapists who are also performing artists. The latter is a virtual presentation of this year's poster series. Our awards ceremony, which includes the LACPA Foundation Awards and the 2022 LACPA Awards, will be pre-recorded and available to watch at your convenience.

Following the break, we will be treated to our distinguished keynote speaker, APA President-Elect, Dr. Thema Bryant. Dr. Bryant is a licensed clinical psychologist, tenured professor at Pepperdine University, and a trauma specialist. Her presentation, *Diverse Healing Pathways for Sexual Trauma Survivors*, will outline the integration of culture and spirituality in sexual trauma recovery.

Happy Hour event to mingle, network, and discuss the day's events. Dr. Bryant has graciously agreed to join us for the first fifteen minutes should you be interested in connecting with her.

Each year, a dedicated team of volunteers works hard to make the Convention enjoyable for all, and this year the team rose to the challenge of creating a robust event that felt welcoming in this virtual format. We extend our sincere thanks to all of today's

#### Continued from previous page

presenters. We are additionally grateful for the hard work of the LACPA Convention Committee, the LACPA Foundation, the LACPA Board of Directors, and our volunteers. Our heartfelt thanks also go out to LACPA staff Carol Torcello, Rebekah Finch, M.A., (Directors of Operations) and Adriene Ghiasian, B.A. (Operations Assistant) for their dedicated efforts. Finally, we want to express our gratitude to our sponsors and advertisers for their generous support of this event.

#### LACPA's 2022 Convention Committee

Rebekah Finch, M.A. Adriene Ghiasian, B.A. Bennie Harris, B.A. James Kalivas, Psy.D. Rachel Kavanaugh, Psy.D. David Laramie, Ph.D. Jaz Robbins, Psy.D., BCHN® Richard Sherman, Ph.D. Carol Torcello

### **UPCOMING LACPA CE PROGRAMS**

For complete bios, information, and online registration go to www.LACPA.org>>Programs>>Continuing Education Programs>>Virtual CE Programs



### **Current Perspectives on Clinical Supervision**

This 6.0 hour course fulfills the supervision regulations required in the state of California.

Saturday, November 5, 2022 Via Zoom 9:00 AM - 4:00 PM PT

Presented by Carol Falender, Ph.D.

Intermediate Level - 6.0 Live CE Credits - Will NOT be recorded

New Directions in Assessment and Biofeedback/Neurofeedback

Training for ADHD, ASD, Anxiety, and Concussions

Saturday, December 10th, 2022 Via Zoom 9:00 AM- 1:00 PM PT

Presented by Michael Linden, Ph.D., Kyle Nixon, Ph.D.

Intermediate Level - 4.0 Live CE Credits - Will be recorded

This course is co-sponsored by the Los Angeles County Psychological Association and The Trust.

Sequence X: Perplexing Problems in Psychological Practice: Decision Science, Ethics & Risk Management

Saturday, January 28, 2023 Via Zoom 9:00 AM - 4:00 PM PT

Presented by Daniel O. Taube, J.D., Ph.D.

Intermediate Level - 6.0 Live Ethics CE Credits - 15% off your Trust Sponsored Professional Liability Policy premium (for 2 consecutive years at policy renewal) - Will NOT be recorded

The Los Angeles County Psychological Association (LACPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. LACPA maintains responsibility for this program and its content.

This presentation may be taken to satisfy the California Board of Behavioral Sciences (BBS) continuing education requirements.

# View Our Welcome Video on Convention Day of Home Page

#### **FEATURED SPEAKER**

Current president-elect of the American Psychological Association, **Dr. Thema Bryant** is nationally soughtafter for her expertise in diversity, multiculturalism, and trauma research. She is a tenured professor of psychology at Pepperdine University and is the supervising director of the Culture



and Trauma Research Laboratory at the university. She has authored and/or co-authored more than 50 publications including her book, *Thriving in the Wake of Trauma: a Multicultural Guide*, and has facilitated over 70 presentations and workshops nationally and internationally. Dr. Bryant's clinical and research interests center on interpersonal trauma and the societal trauma of oppression. She provides national and international training on trauma recovery for marginalized communities, embodied psychotherapy, spiritual integration in psychotherapy, and liberation psychology.

Dr. Bryant has held many leadership positions within APA throughout her career. She is a past president of the Society for the Psychology of Women and a past APA representative to the United Nations. Dr. Bryant was a part of the first APA team to serve at the United Nations and within her tenure she contributed to the APA Resolution on Racism and Racial Discrimination. Dr. Bryant also chaired the APA Committee on International Relations in Psychology and served on the Committee on Women in Psychology.

### **CONVENTION EVENTS**

Sessions I, II, and III;
Access to Posters; Awards Lunch Break;
Moment of Merriment;
Post Convention Happy Hour

Date and presenters are subject to change.

The Los Angeles County Psychological Association (LACPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. LACPA maintains responsibility for this program and its content.

These sessions may be taken to satisfy the California Board of Behavioral Sciences (BBS) continuing education requirements.

LACPA's 34th Annual Convention will operate under the guidelines of an APA-Approved sponsor of continuing education. All licensees are responsible for maintaining records of completed continuing education courses. LACPA supplies a Document of Attendance via email within two weeks of the Convention, that certifies the licensee was present for the entire program and earned the continuing education credits by, signing-in and out, with their name and license number, of each presentation via the Zoom Chat to Everyone. If you do not see your name in the Chat box, we cannot see your name either.

It is important to note that APA continuing education rules require that LACPA only give credit to those who attend the entire workshop. Those who arrive more than 15 minutes after the scheduled start time or leave before the workshop is completed will not receive CE credit. Partial credit may not be given.

Los Angeles County Psychological Association 6345 Balboa Boulevard, Suite 126
Encino, CA 91316
Phone 818-905-0410 Fax 818-332-4949
Lacpal@gmail.com www.lacpa.org

The Los Angeles County Psychological Association is grateful to the LACPA Foundation for its financial contribution of the Poster Awards.

Cover by David Ilan of Galileo Graphics



# **Convention Schedule**

# Saturday, October 29, 2022

## Virtually via Zoom

Times and events are subject to change

Session I
2.0 CE Credits all courses
unless noted otherwise
8:30 -10:30 a.m. PT

# Interrupting Emerging Cumulative Trauma Within Family Systems

Course Level: Intermediate

The presentation distinguishes between single episodic traumatic events resulting in PTSD diagnosis per DSM V, and the development of Cumulative Trauma states experienced by family members in family systems where substance abuse or mental illness exists. When misdiagnosed these untreated states remain potentially harmful legacies within families and society.



Katrina Wood, Ph.D., clinical psychologist, is the founder of Wilshire Valley Therapy Centers, serving the L.A. community since 1993. Born and educated in UK/US, specializing in trauma, she is the author of That's Not What I Said,

available on Amazon and Barnes & Noble. Her blog is titled www.healingpsych.com. She lectures frequently and has many articles published in the field of psychology. Dr. Wood writes music in her spare time.

Mirrors of the Mind 11: The Psychotherapist as Artist, From Chaos to Coherence Virtual Art Opening November 20th 2022

Learn more here:

https://lacpa.memberclicks.net/mirrors

### Helping Intercultural Couples Attune, Change, and Liberate

Course Level: Advanced

Intercultural couples experience more stressors and are at higher risk for discord and divorce. As a step toward collective healing, therapists can help partners effectively navigate the sociocultural differences in their intimate relationships. Learn how to foster sociocultural attunement, change, acceptance of differences, and liberation from self- and partner-blame.



Kathleen Eldridge, Ph.D., is a Full Professor at Pepperdine University in the Graduate School of Education and Psychology and a clinical psychologist. She teaches graduate courses in couple and family therapy, cognitive-behavior therapy, and mindfulness/acceptance

processes. Recent publications include journal articles on working with intercultural couples and on client perceptions of the most and least helpful aspects of couple therapy.

# How to Heal: Neuroscience and Our Nervous Systems

Course Level: Intermediate

In this interactive workshop, participants will learn about the science and practice of the mind-body health connection. Participants will engage in hands-on activities to apply techniques for vagal nerve stimulation and stress management, including: diaphragmatic breathing, EFT-based energy tapping, EMDR-bilateral tapping, chair yoga, values journaling, and havening touch.



Monica Blied, Ph.D., MACL, is a clinical psychologist in private practice, adjunct professor at Pepperdine, wife, mother of 3, and 10-year lupus warrior. Specializing in providing integrative care centered upon the mind-body health connection, Dr. Blied recently launched the "My

Health in My Hands" mobile app, which teaches neuroscience-based skills to reduce stress. Learn more at www.drblied.com/app.

2022 LACPA CONVENTION



# Anti-racist Group Therapy Principles and Strategies

Course Level: Intermediate

Despite hopes to create safe spaces, for many patients and practitioners of color, group therapy is another setting for marginalization. To avoid causing deep harm, racist behaviors must be addressed effectively. This workshop will teach practitioners how to identify, understand, and intervene following microaggressions in group and individual therapy.



Faria Kamal, Ph.D., is a psychologist and Assistant Professor of Medical Psychology at Columbia University Medical Center. She provides evidence-based therapy to children, adolescents, adults, and families. Her research on underserved communities

has been published in peer-reviewed journals and presented at numerous academic conferences. In addition, she provides consultation to teams internationally on DEI and anti-racist practices in therapy.



Marcus Rodriguez, Ph.D., is the Founder and Director of the Youth and Family Institute and Assistant Professor of Psychology at Pitzer College. He specializes in Dialectical Behavioral Therapy (DBT) and consults for Behavioral Tech (BTECH). Having grown

up in Mexico and lived in China for nine years, he provides training to mental health professionals internationally in Spanish and Mandarin.



# STUDENT CIRCLE: "Transitioning from Student to Professional"

No CE Credits Available

This workshop will give current master's and doctoral students insight into the mindset shift required to close the chapter on student life as they walk into their new professional identities. The event's moderator and panel are in the process of successfully navigating this shift.



Jaz Robbins, Psy.D., BCHN®, earned her Doctor of Psychology from Pepperdine University in August 2022. She is a nutritionist, an instructor of graduate courses at Pepperdine and UCLA Extension, a published author, and a nonprofit founder. As a postdoctoral

fellow, Ms. Robbins will work in the field of health psychology where she will integrate her expertise in nutrition with traditional mental health interventions.



Bennie Harris, B.A., is a Doctoral Candidate and field placement intern working under supervision at the Kieffer E. Frantz Clinic, of the C.G. Jung Institute in Los Angeles.

Mai Breech, Psy.D., is a therapist, lecturer, and artist. Her area of therapeutic focus and research is on childhood developmental trauma and attachment. Dr. Breech is also a mandala artist. She is currently in private practice work-



ing with children and adults in West Los Angeles. Dr. Breech received her Psy.D. from Pacifica Graduate Institute.

Amanda Lipari, Psy.D., LCSW recently completed her doctorate in clinical psychology at Pepperdine University. She is currently a Psychology Resident at the Phoenix VAHCS in the PTSD Clinic. Dr. Lipari's clinical areas of focus include



trauma-related disorders, substance use, and serious mental illness. Additional interests include play therapy and clinical supervision.

Fox MacLachlan, M.A., is an inclusive, 2SLGBTQIA+ affirmative and culturally responsive Sex-Positive Coach — and soon to be Sex & Relationship Therapist. Fox is passionate about working with all relationship structures



and lifestyles and believes that pleasure, joy, and embodiment are acts of radical liberation. She loves empowering people to heal holistically. SexTalkwithFox.com



### Session II 2.0 CE Credits for all courses 11:00 a.m. – 1:00 p.m. PT

### Sociocultural Considerations in Mindfulness and Compassion Interventions Course Level: Intermediate

Mindfulness and compassion have emerged as areas of focus in psychotherapy. Effective application with Black, Indigenous, and People of Color (BIPOC) requires attention to sociocultural factors such as cultural identity and values, racial/cultural trauma, and the dynamics of intersectional oppression. Cultural and sociopolitical dimensions of mindfulness and compassion will be explored with implications for psychotherapy and community interventions.



Shelly P. Harrell, Ph.D., is a Professor at Pepperdine University. She has published and presented extensively on sociocultural and sociopolitical aspects of stress and wellbeing, cultural competence, and Black mental health. Her current work focuses on culturally-

responsive contemplative practices and "soulfulness" interventions to facilitate resilience and liberation. She is a psychotherapist, meditation teacher, and consultant with 30+ years of experience with individuals, groups, and organizations.

# Effective Treatment with the Suicide Bereaved Course Level: Advanced

In this training, Dr. Gutin will describe the unique aspects of grief following a suicide loss, and how this experience may vary within different cultures and demographic groups (including mental health professionals). She will provide guidelines for effective treatment for those loss survivors who seek clinical support.



Nina J. Gutin, Ph.D., a clinical psychologist in Pasadena, California, conducts trainings in Suicide Prevention/Postvention, facilitates "Survivors After Suicide" groups for the Didi Hirsch Suicide Prevention Center, and is a member of the L.A. Suicide Prevention

Network. She is co-chair of the Coalition of Clinician-Survivors, which supports clinicians after personal/professional suicide losses, and has published several articles about Suicide Postvention.

### Social Responsibility in the Neuropsychological Evaluation of Diverse Children

Course Level: Advanced

Culturally and linguistically diverse children experience similar rates of neurodevelopmental disorders than their peers and are routinely underdiagnosed or misdiagnosed. This presentation will address strategies to improve the validity of neuropsychological evaluation with culturally and linguistically diverse children, particularly bilingual children, as well as ways to expand the role of the neuropsychologist and advocate for marginalized youth.



Vindia Fernandez, Ph.D., is a pediatric neuropsychologist with specialty training in neurodevelopmental issues including autism, epilepsy, ADHD, and learning. In 2017, Dr. Fernandez founded the Center for Pediatric Neuropsychology to address the growing need for

culturally and linguistically appropriate evaluations for Latino/a children. She is also the director of pediatric neuropsychology at the UCLA Hispanic Neuropsychiatric Center of Excellence.



Alberto A. Miranda, Psy.D., is director of training at the UCLA Hispanic Neuropsychiatric Center of Excellence. His clinical interests are in the application of cultural neuropsychology, where he provides specialized training in the assessment of monolingual

and bilingual Hispanic patients across the lifespan. He conducts neuropsychological/psychodiagnostic evaluations for presurgical candidacy, differential diagnosis of dementia, and diagnostic clarification of neuropsychiatric/ neurodevelopmental disorders.

# Lunch & Learn

Join us for LACPA's 2023 Lunch And Learn Series
A FREE Member Benefit!

Fridays (Virtual & Hybrid/In-Person Options) 12-1:30 PM PT 1.5 Live CE Credits

#### 2023 Topics include:

- Evidence-Based Treatment of Substance Use Disorders with Rubin Khoddam, Ph.D. on 3/14/23
- VA Mental Health Apps: Resources for Everyone with Andrea L. Jamison, Ph.D. on 4/14/23
- Parental Fostering of Early Childhood Affect Integration with Claudia Kohner, Ph..D. & Faye Weinstein, Ph.D. on 5/12/23
- Introduction to Emotionally Focused Couples Therapy with Silvina Irwin, Ph.D. on 6/9/23

For more information or to register, Click here: https://lacpa.memberclicks.net/2023-lunch-and-learn-series



# Strengthening Latinx Identity in Culturally Competent Therapy

Course Level: Advanced

Latinxs are undergoing a racial crisis, given the current racially charged sociopolitical climate; making it imperative to increase cross-cultural skills to serve the largest, fastest-growing ethnic group, specifically in Los Angeles. This course was designed to increase participants' knowledge and skills in strength-based culturally competent care for Latinx.



Anita Mihecoby, Ph.D., is licensed by the California Board of Psychology. She established the Conscious Culture Psychology Clinic in Los Angeles serving diverse populations. Her specialties include stress disorders and working with marginalized and underserved

populations. Her research interests include multicultural psychology, Indigenous Ways of Knowing, cultural and behavioral health integrative programs, and mentorship. She enjoys supervision and program development.



Claudia Ocholski, M.A., is a graduate student at Nova Southeastern University, studying clinical psychology. She is a research intern under Dr. Anita Mihecoby, examining Mexican American identity. Her specialties include first-generation immigrants, crisis intervention,

and working with underserved populations. Her research interests include multicultural psychology and removing the stigma attached to mental health issues. She enjoys conducting research.

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## Lunch Break 1:00 – 2:30 p.m. PT

### LACPA Awards and Poster Presentations

### Moment of Merriment: (1:15 - 1:45 p.m. PT)

LACPA is excited to offer this brief moment of respite, joy, and inspiration. Our *Moment* will feature the vocal stylings of Diana Hereld, M.A. as well as a moving dance performed by Dr. Thema Bryant. We invite you to join us as there are other surprise artists whose works we are thrilled to share.





Diana Hereld, M.A.'s clinical and research interests include epilepsy and pre-operative neuropsychological evaluations, music interventions in affect regulation and rehabilitation, and improving health inequities in

Native and Indigenous populations.

Katie Byam (RYN) is earning her master's degree in Clinical Psychology from Pepperdine University, where she's developing a unique, music-infused approach for her patients' care.





Jaz Robbins, Psy.D., BCHN<sup>®</sup> is a poet and stage performer who finds joy in incorporating expressive arts interventions into her work with clients when appropriate.

**Thema Bryant, Ph.D.** is currently a tenured professor of psychology in the Graduate School of Education and Psychology at Pepperdine University, where she directs the Culture and Trauma Research Laboratory.





Karen Godinez Gonzales, Ph.D., is passionate about incorporating collective healing into her work and is strongly committed to challenging oppressive systems impacting the client's holistic well-being.



### **Awards Presentation**

View the YouTube of the presentations at your convenance.

Click **HERE** to View Our 2022 Honorees Receiving their Awards

#### LACPA's 2022 Awardees

#### **LACPA Poster Awards**



Distinguished Legislative Award Senator Rosilicie Ochoa Bogh

Rosilicie Ochoa Bogh (R- Yucaipa) is a native Californian born to Mexican

immigrants. Senator Ochoa Bogh credits her family with teaching her personal responsibility, the value of an education and hard work, and that home ownership is the cornerstone of the American Dream.

She attended San Bernardino High School and the University of California, Santa Barbara, before teaching English language learners at the elementary school level. She went on to become a licensed real estate agent and was a realtor for 18 years. She served on the Yucaipa-Calimesa Joint Unified School Board, was a former board Chairwoman/President of the Yucaipa Valley Chamber of Commerce and was a former board member of the East Valley Association of Realtors. She was elected to the California State Senate in 2020 and began her term on December 7, 2020.

In November 2020, Ochoa Bogh was elected to represent the nearly one million people of California's Senate District 23.

In her short time in the California State Senate,

Senator Ochoa Bogh has done much to advance the cause of mental health and wellbeing in California. Among the bills she has authored or co-authored:

- SB-1427 (2021-2022), which creates two grant programs to get individuals with mental illness and homeless individuals the mental health care they need and to promote rehabilitation and housing stability
- SB-1298 (2021-2022), which appropriates \$1 billion dollars to fund the Behavioral Health Continuum Infrastructure Program, which would allow the State Department of Health Services to rehabilitate real estate assets and create mobile crisis infrastructure to increase access to mental health facilities
- SB-720 (2021-2022), which increases the amount of funds immediately available to domestic violence shelters when receiving state grants
- Coauthored SB-1428 (2021-2022), which expands the use of psychological testing technicians for psychological testing

Taken as a whole, Sen. Ochoa Bogh has been a strident advocate for increased and improved access to mental health services in California. Senator Ochoa Bogh and Greg Bogh, her husband of 26 years, live with their son, two daughters and a Cocker Spaniel named Penny in the city of Yucaipa.

Bio submitted by Natalie Feinblatt, Psy.D.

**Join LACPA's Special Interest Groups (SIGs)!** Current SIGs: Assessments, Child & Adolescents, Depth Psychology, Divorce/Separation/Reconfigured Families, Neurocognitive Disorders, Sexuality & Sex-Therapy, Sport & Performance Psychology, Trauma & Trauma Therapy, Conscious Aging and Ecopsychology; Learn More here: <a href="https://lacpa.memberclicks.net/special-interest-groups-sig-">https://lacpa.memberclicks.net/special-interest-groups-sig-</a>





Distinguished Service to LACPA by a LACPA Member Gretchen Kubacky, Psy.D.

Dr. Gretchen Kubacky is LACPA's

recipient of the 2022 Award for Distinguished Service to LACPA by a LACPA member.

Dr. Kubacky joined LACPA in 2008. Since then, she has presented on numerous topics at many LACPA events, including Brown Bags, Conventions, Special Interest Groups, and membership gatherings. Additionally, she has guest-edited two special issues of The Los Angeles Psychologist, on the topics of Health Psychology (2012) and Feminist Psychology (2013). Dr. Kubacky served on LACPA's Board of Directors from 2011-2014 and 2019-2022. She has served on the Executive Committee as Treasurer. Most recently, she has brought patience, wit, insight, and creativity to her job as Editor of The Los Angeles Psychologist. The timeliness and relevance of the publication has grown under her editorship.

Dr. Kubacky received her BA from Scripps College and her Psy.D. from Ryokan College, after leaving a first career in the insurance field. Her business expertise has proved very helpful to LACPA's office in matters relating to operations and real estate. She now maintains a busy private practice, specializing in health psychology and grief/loss. She also consults, speaks at the local and national level and has published two books in recent years.

Gretchen Kubacky is a devoted LACPA member, but she's also a great person. She brings intelligence, humor, vivacity, panache, and solid common sense to everything she does. (I might add that she is an exceptional cook.) As a LACPA leader, she sets a great example for distinguished service to our professional organization.

Congratulations, Dr. Kubacky!

Bio Submitted by Beth Leedham, Ph.D. & John Geirland, Ph.D.



**Lifetime Achievement Award** 

#### Carol Torcello

Carol Torcello, LACPA's former director, was recognized with the Presidential Award. She retired in July 2022. This

Presidential Award recognizes her 31 years of distinguished service.

Carol was born and raised in Salamanca, NY, a small city nestled in the valley of the Alleghany Mountains, located on the Seneca/Iroquois Reservation. She received an A.S. degree from Genesee Community College in Batavia, NY. She met her husband John in 1977, married in 1978, and moved to California in 1979. She worked at a post-production facility in Burbank until her son was born in 1985.

Carol joined LACPA at the same time as Pat Fricker, the previous executive director, in August 1991. Pat assumed the director's role and recruited Carol for a part-time position to help her. Back in 1991, LACPA did not have its own office, instead renting space from a past president. There were about 650 to 700 members at that time. In 1999, Pat and Carol moved to LACPA's first official office space. It was from here that they oversaw the growth of the organization to 1,300 members, its height in membership. They moved LACPA to its current office in 2015. Pat died in 2017, and since then Carol has served LACPA as operations director.

Carol has been the face of LACPA—the one who answers the phone or email when you contact LACPA and the one who greets you at the Convention—for so many years. She is an amazing memory bank of LACPA's history. She can tell you who spoke when, which president started what, and how long you have been a member. It is hard for me to imagine LACPA without Carol, and I am sure any of you who have interacted with Carol share the same view. I know I will miss working with her.

Bio submitted by Lauren Muhlheim, Psy.D.

MEMBERSHIP in LACPA includes GREAT benefits: <a href="https://lacpa.memberclicks.net/membership-benefits">https://lacpa.memberclicks.net/membership-benefits</a>



# Session III 2.0 CE Credits 2:30 – 4:30 p.m. PT

# Diverse Healing Pathways for Sexual Trauma Survivors

Course Level: Intermediate

Sexual trauma may affect survivors' emotionally, cognitively, socially, physically, financially, and spiritually. Interventions will be explored which have been found to decrease distress and enhance well-being among survivors. This presentation will attend to culture and spirituality, while also providing an overview of both commonly used interventions and innovative less-known interventions.



Thema Bryant, Ph.D., current presidentelect of the American Psychological Association, is nationally sought-after for her expertise in diversity, multiculturalism, and trauma research. She is a tenured professor of psychology at Pepperdine University

and is the supervising director of the Culture and Trauma Research Laboratory at the university. She has authored and/ or co-authored more than 50 publications including her latest book, Homecoming, and has facilitated over 70 presentations and workshops nationally and internationally. Dr. Bryant's clinical and research interests center on interpersonal trauma and the societal trauma of oppression. She provides national and international training on trauma recovery for marginalized communities, embodied psychotherapy, spiritual integration in psychotherapy, and liberation psychology.

## Virtual Happy Hour 4:45 – 5:45 p.m. PT

Dr. Thema Bryant will take part in our Happy Hour.
Please join us!

Congratulations to

# Gretchen Kubacky, Psy.D.

on her Distinguished Service to LACPA Award by a LACPA member

and to

# Carol Torcello

on her Lifetime Achievement to LACPA Award

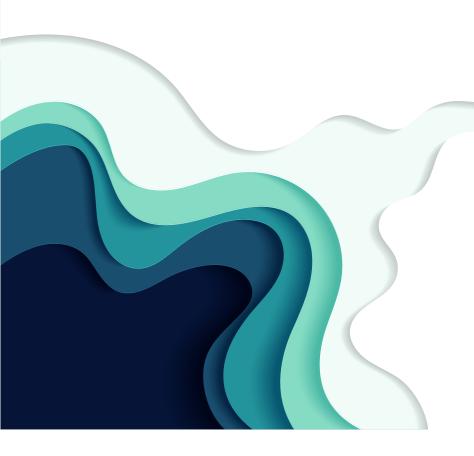
# From the 2022 LACPA Board of Directors:

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### **LACPA 2022 POSTER WINNERS!**



### The advisor for this research:

Dr. Jennifer Abe

of Loyola Marymount University

#### Michael's poster title:

Exploring Resilience in College Students



### The advisor for this research:

Stephen Nettelhorst, Ph.D.

of Woodbury University

#### Yazmin's poster title:

Effects of Gender Identity and Masculinity on Fear of Intimacy



### The advisor for this research:

Gina Coffee, Ph.D., NCSP

of Pepperdine University, Graduate School of Education & Psychology

#### Skylor's poster title:

He Can Work it Out: Understanding the Intersection of African American People, Spirituality, and Mental Health

LACPA and the LACPA Foundation congratulate this year's winners and thank them for the time and energy given to their participation in the 2022 LACPA Poster Session.

Please take a moment to visit all the posters submitted for the Convention Poster Session at the LACPA website at <a href="https://lacpa.memberclicks.net/2022-convention-poster-session">https://lacpa.memberclicks.net/2022-convention-poster-session</a>



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### LACPA Announces our 2022 Convention Poster Presenters

With the Convention being virtual again this year, the presenters created a brief PowerPoint presentation that is available to view via the LACPA Website HERE.

**First Author Name:** Sabrina Barrett, B.S. **Name of University:** Pepperdine University, Graduate School of Education & Psychology

University Adviser for this research:

Gina Coffee, Ph.D., NCSP

The Efficacy of Dialectical Behavior Therapy for The Treatment of Eating Disorders

First Author Name: Tracy Dubin, M.A.
Name of University: West Los Angeles College

**University Adviser for this research:** Psychology Professor Milan Suzuki

The Effects of the Coronavirus Disease of 2019 (COVID-19) Impacting Motivation

**First Author Name:** Skylor Dunn-Ford, B.S. **Name of University:** Pepperdine University, Graduate School of Education & Psychology

University Adviser for this research:

Gina Coffee, Ph.D., NCSP

He Can Work it Out: Understanding the Intersection of African American People, Spirituality, and Mental Health

First Author Name: Michael Liu, B.S.

Name of University: Loyola Marymount University

University Adviser for this research:

Dr. Jennifer Abe

Exploring Resilience in College Students

First Author Name: Melissa Lomas-Deafenbaugh, B.A.

Name of University: Pepperdine University, Graduate School of Education & Psychology

University Adviser for this research:

Antonio Romaguera, Ph.D.

Practice What You Preach: Coaching Our Coaches on How to Handle Mental Health Emergencies First Author Name: Yazmin Ortiz, B.A.
Name of University: Woodbury University
University Adviser for this research:
Stephen Nettelhorst, Ph.D.

The Effects of Gender Identity and Masculinity on Fear of Intimacy

**First Author Name:** Chyna Jade Parker, M.S. **Name of University:** Pepperdine University, Graduate School of Education and Psychology

University Adviser for this research:

Shelly Harrell, Ph.D.

Non-binary Experiences in the Context of Gender Dichotomization: A Framework for Theory, Research, and Practice

First Author Name: Katie Patel, M.S.

Name of University: California Lutheran University

University Adviser for this research:

Jamie Bedics, Ph.D.

Therapist Responsiveness in Crisis Planning during Standard Dialectical Behavior Therapy for Borderline Personality Disorder

**First Author Name:** Andrea Berrios Vasquez, M.A. **Name of University:** Alliant International University - California School of Professional Psychology University

University Adviser for this research:

Reneh Karamians, Psy.D.

Destignatizing Therapy and Maintaining Healthy Connections in the Latinx Community

First Author Name: Anthony Villa, M.A.

Name of University: Alliant International University -

California School of Professional Psychology

University Adviser for this research:

Randy Noblitt, Ph.D.

Using Patient Characteristics and Preferences to Match Individuals with Depression to Antidepressant Medications, Cognitive Behavioral Therapy, and/or Mindfulness-Based Cognitive Therapy

First Author Name: Leslie Yick, B.S. Name of University: Pepperdine University University Adviser for this research:

Carrie Castañeda-Sound, Ph.D.

#StopAsianHate: Understanding the psychological implications of the dehumanization of Asian people in western media









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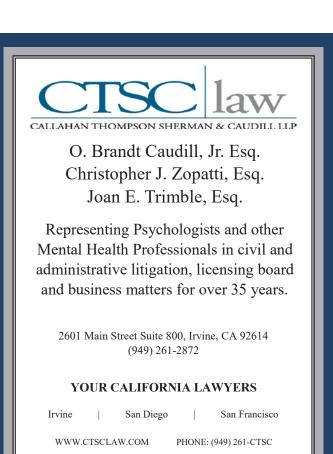
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### Sequence X: Perplexing Problems in Psychological Practice: Decision Science, Ethics & Risk Management

Saturday, January 28, 2023 Via Zoom 9:00 AM - 4:00 PM PT

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**Daniel O. Taube** earned his J.D. from Villanova University in 1985 and his Ph.D. in clinical psychology from Hahnemann University in 1987, as a member of the Hahnemann/Villanova Joint Psychology and Law Graduate Program. He is Professor Emeritus at the California School of Professional Psychology, San Francisco at Alliant International University, past Psy.D. Program Director, founder and coordinator of the Forensic Family Child.

His areas of professional focus include ethical and legal issues in professional practice, child protection, and addictions. In addition to his teaching and research interests, he has been in private practice since 1990, has served on the APA Ethics Appeals Panel for over 20 years, and taught graduate and professional level courses on ethical and legal issues in professional practice for 25 years. Dr. Taube regularly consults with a wide range of practitioners and community agencies regarding standards of practice and ethical concerns.

For over two decades, The Trust has worked to educate and support psychologists in improving their risk management skills and strategies by providing live workshops, webinars, risk management consultation and expanding resources. The 10th workshop in our Sequence series will continue to emphasize more applied, integrated and strategic methods to help you protect yourself from adverse disciplinary and legal actions, and stay grounded in ethical principles and practices. The Trust Risk Management Consultants have culled subject matter from some 80,000 consultations provided to date to focus this workshop on problems practitioners often encounter. Topics will include how decision science can inform clinical and ethical decision-making; interjurisdictional practice challenges and navigating the PSYPACT era; complexities in structuring and conducting supervision; managing technology and privacy concerns in practice; and handling subpoenas and depositions. The workshop is designed for an intermediate level.

\* This course will not fulfill requirements of all jurisdictions. It is important that potential participants review their respective state licensing board requirements prior to registering for this workshop.

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- Describe preliminary considerations prior to engaging in interjurisdictional practice.
- Evaluate potential issues and preventive responses to supervisory risks.
- Identify three methods for reducing privacy risks when using technology in clinical practice and responding appropriately to breaches if they occur.
- Name three strategies for handling subpoenas and deposition demands.

For more information or to register, click here: <a href="https://lacpa.memberclicks.net/virtual-ce-programs">https://lacpa.memberclicks.net/virtual-ce-programs</a>

The Los Angeles County Psychological Association (LACPA) is approved by the American Psychological Association to sponsor continuing education for psychologists.

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